### AQUATIC AND FITNESS CLASSES

#### Body Sculpting
**Working Out with Weights**
- **1/13-5/14**
- **5:30 PM - 6:30 PM**
- **TR**
- **$75**

#### Yoga and Toning
- **1/12-5/14**
- **6:00 PM - 6:45 PM**
- **M**
- **$65**

#### Water Aerobics
- **1/13-5/14**
- **5:30 PM - 6:30 PM**
- **TR**
- **$75**

#### Adult Swimming Lessons
**It’s Never Too Late to Learn to Swim**
- **4/7-4/30**
- **7:00 PM - 7:45 PM**
- **TR**
- **$50**
- **1:30 PM - 2:15 PM**
- **TR**
- **$50**

#### Infant & Toddler Swimming
**You and Me Swimming Lessons**
(Ages 6 months to 4 years. Adult must accompany child in the water.)
- **4/7-4/30**
- **6:30 PM - 7:00 PM**
- **TR**
- **$50**
- **1:00 PM - 1:30 PM**
- **TR**
- **$50**

#### Red Cross Lifeguard Certification
- **4/24-5/03**
- **8:00 AM - 5:00 PM**
- **SNF**
- **$225**

#### Water Safety Instructor Certification
- **4/10-4/19**
- **8:30 AM - 5:30 PM**
- **SNF**
- **$250**

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**King Center Memberships:**

**January 5th – May 16th**

- **Individual:** (For persons 16 years & up) $50
- **Husband & Wife:** $75
- **Senior:** (For persons 60 years & up) $25
- **Family:** $100

(For persons living in the same household. Children under the age of 13 must have adult supervision in the pool. Members must be at least 16 years of age to use the weight room.)

If you are interested in becoming a member of the King Center here’s what you need to do:

1. Register with Admissions located in the Osborne Administration Building, Monday-Thursday 8am-5:30pm (you will need the social security number of each person you wish to register)
2. Go to Business office to pay and have your Student I.D. made.
3. All members and students will be required to show their I.D. cards at the King Center for access every time.

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**POOL HOURS:**

- **MONDAY – THURSDAY** 12 PM - 9 PM
- **FRIDAY** 12 PM - 6 PM
- **SATURDAY** 1 PM - 5 PM
- **SUNDAY** CLOSED

**FOR MORE INFORMATION CONTACT CONTINUING EDUCATION AT 940-552-6291 EXT. 2210**