**Willpower: Rediscovering the Greatest Human Strength**  
By: Baumeister, Roy F. and John Tierney  
BF632 .B292 2012  
Review from: Publishers Weekly  
June 13, 2011  
Willpower, or self-control, is one of the keys to success, says Baumeister and Tierney. They review the latest research to report key findings on willpower: for instance, each of us has a finite supply of it and deplete it whenever we draw on it, whether at work or at home, but it can be developed and strengthened. Further, decision making in particular saps that supply, but it’s possible to do willpower exercises to gain self-control over all sorts of bad behavior, from overeating to physical violence...

**Incognito: the Secret Lives of the Brain**  
By: Eagleman, David M.  
BF315 .E25 2012  
Review from: Booklist  
May 1, 2011  
... Written in clear, precise language (even when the author is tackling some seriously complicated stuff), the book is sure to appeal to readers with an interest in psychology and the human mind, but it will also please people who just want to know, with a little more clarity, what is going on inside their own skulls.

**The Better Angels of Our Nature - Why Violence Has Declined**  
By: Pinker, Steven  
HM1116 .P57 2011  
Review from: Booklist  
May 1, 2011  
Readers will understandably question psychology professor Pinker's basic premises that violence has declined significantly and that we are living in the most peaceful era of human existence. But he makes the case with data and trend lines indicating that despite the horrors of our modern age terrorism, genocide, everyday mayhem we are actually killing and maiming less frequently than in earlier history. Pinker takes a very long view, drawing on history and psychology to examine a very hopeful trend...

**Frontier Feminist: Clarina Howard Nichols and the Politics of Motherhood**  
By: Blackwell, Marilyn S. and Kristen T. Oertel  
HQ1413 .N52 B53 2010  
Review from: Choice  
July 1, 2011  
Clarina Howard Nichols was an early advocate for women's rights and temperance and a free-soil activist, well-known journalist, and public speaker. This new biography, based largely on her writings, focuses on her evolving circumstances and ideas... Her biographers have a wealth of published materials to draw on and have made good use of them to show the extent of and contradictions inherent in 19th-century reform movements.

**Avian Architecture - How Birds Design, Engineer and Build**  
By: Goodfellow, Peter  
QL675 .G619 2011  
Review from: Library Journal  
September 1, 2011  
As is clear from this book's format-an 8” x 10" hardcover, albeit slim at 160 pages-this is not a field guide for systematically identifying birds' nests. It's a sit-down-and-be-enchanted-by-the-skills-of-our-feathered-friends kind of book. The British Goodfellow is a longtime birder and former teacher who knows how to convey his deep expertise accessibly to his readers...
Confessions of a Horseshoer
By: Tatum, Ron
SF907 .T38 2012

Review by: Reference & Research Book News August 1, 2012
Author Ron Tatum, a college professor and professional horseshoer, also served in the Marine Corps and worked as a Presbyterian minister, a juvenile probation officer, and a drug and alcohol counselor. In this memoir, he writes with humor and wisdom about the people and animals he has worked with. He also considers the paradox of the work of the mind and the practical work in the barn, and describes in detail the process of shoeing horses and its history.

Guantánamo - An American History
By: Hansen, Jonathan M.
VA68 .G8 H36 2011

Review from: Choice June 1, 2012
The word Guantánamo conjures a variety of images for Americans. This ecologically unique and once strategically valuable tropical paradise (it guards the crucial Windward Passage that gave it importance in the days of sailing ships) has been controlled by the US since 1898. In the past century, Guantánamo has served as an imperial outpost, Cold War battlefield, showcase of US materialism and prosperity, refugee center for Cubans and Haitians, and, finally, detention center deluxe for Bush's War on Terror. Hansen (Harvard) presents an excellent series of vignettes of the bay's various roles over the past 500 years....

The Essential Guide to Using the Web for Research
By: Ford, Nigel
ZA4228 .F67 2012

This guide for university students on Internet research examines methods and standards for web research that go beyond simple Google searches and Wikipedia queries. The volume combines tips on in-depth critical thinking and research with practical advice on planning for and using online resources for academic research.

The National Security Enterprise - Navigating the Labyrinth
By: George, Roger Z. and Harvey Rishikof, Ed.
UA23 .N2487 2011

Review from: Choice September 1, 2011
George and Rishikof provide a useful array of articles describing the mission, structure, leadership, and issues confronting the major federal organizations involved in ensuring the nation's security. This organizational approach describes and analyzes the expected actors such as the Department of Defense and the Central Intelligence Agency, as well as some organizations not usually covered in such books (e.g., the Office of Management and Budget and the Supreme Court). The book is useful because the clear writing orients the uninitiated reader but also informs old hands regarding the latest developments both between and among these agencies.

For the Love of Physics - From the End of the Rainbow to the Edge of Time - A Journey through the Wonders of Physics
By: Lewin, Walter and Warren Goldstein
QC16 .L485 A3 2012

Review from: Choice February 1, 2012
This biography-autobiography (written in the first person with the collaboration of Univ. of Hartford historian Goldstein) recounts the career of Lewin, the popular teacher of introductory physics at MIT. Lewin's physics lectures have become famous worldwide through the Internet, and the professor affected the learning of thousands of students of this basic subject in science. The book is about not only a charismatic teacher but also his research in the field of X-ray astronomy.