

Vernon College
Assessment Activity/Report Communication Form
2015-2016

Evaluation of the CCC Fitness Center and

Title: Usage

Date of completion: February 3, 2016

Please circle or highlight: Assessment Activity Report **Both**

Highlights of data:

The Century City Fitness Center had a total of 13,708 visits from students, faculty, and community members for 2015 and 4502 personal training visits for a total number of 18,210. This is a 21% increase in usage from 2014 and 40% increase with added personal training numbers. Usage is highest during the main semester months of February, March, April, and September, October and November. Paper sign in sheets are used for greater parts of January and August due to timing of semesters and scanning is not particularly accurate.

Personal training data has now been provided for tracking purposes. It provides 2.5% of the usage of the gym.

Use of data:

To track usage of Century City Fitness Center. To aid in fitness and health courses for student tracking. This data can also be broken down to daily and monthly usage.

How associated to Student Success? Each CCC student has access to the CCC Fitness Center. Faculty and community can obtain memberships through CE or admissions. CCC Fitness Center provides a place for fitness classes and other ways to improve health. CCC Fitness staff helps fitness instructors to create reports for attendance in specific fitness classes offered by Vernon College. Finally, in conjunction with CE the CCC Fitness Center has become a place for students to get information about upcoming events and other community events that put Vernon College on the community map.

Where the report can be found: CCC Fitness Center

Submitted by: Nina Feldman **Date:** 2/3/2016
(Responsible Party)

Received by Office of Quality Enhancement: 2/18/16
(Date)

Presented to SSBTN Committee*: _____
(Date)

* Posted on Vernon College website to be shared with SSBTN and College Effectiveness Committees as well as Vernon College constituents.