

# **CULINARY AROUND THE WORLD**

## *Summer Menus 2019*

### *June 21, 2019 (BBQ Vegetarian Style)*

*Recipes that even meat eaters will love*

BBQ pulled Jackfruit on a bun  
Tofu vegetable skewers, grilled  
Grilled mozzarella salad  
Eggplant-hummus burger

### *July 19, 2019 (Middle Eastern)*

Falafel pita sandwiches  
Hummus  
Schwarma (lamb and beef) with Tzatziki sauce  
Village salad (tomato, cucumber, onion, oil and vinegar)  
Dolmades (stuffed grape leaves)  
Baklava (phyllo pastry with nuts and honey)

### *August 16, 2019 (Eat Local)*

Menu to be determined as date is closer.  
All food items purchased from Wichita Falls Farmers Market.