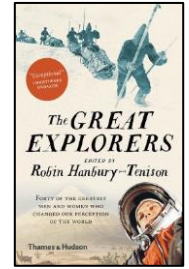


***The Great Explorers***

By: Hanbury-Tenison, Robin  
G200 .G74 2018

Review from: [Choice](#)

Included in this delightful work by editor Hanbury-Tenison (founder and president, Survival International) are 40 essays concerning exploration of different world regions by courageous individuals. The editor groups the essays in sections by regions that include oceans, lands, rivers, polar ice, deserts, life on earth, and new frontiers. Explorers selected for inclusion include Columbus, Lewis and Clark, Livingstone, Hansen, Heinrich Barth, Alexander von Humboldt, and Jacques Cousteau (there are 32 others). Many of these individuals were artists, photographers, or litterateurs, well able to provide first-hand accounts of their travels. Summaries of accomplishments define a variety of environments in which exploration has taken place. Identification of contributors and a section on further reading conclude a book of derring-do that is possibly suited for courses on the history of exploration...

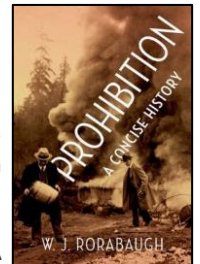


***Prohibition: A Concise History***

By: Rorabaugh, W.J.  
HV5089 .R66 2018 eBook

Review from: [Kirkus Reviews](#)      November 15, 2017

The latest in the publisher's Concise Histories series focuses on the effort to prohibit the production, transportation, and sale of alcohol in the United States, which resulted in the ratification and repeal of a constitutional amendment. Rorabaugh (Law/Univ. of Washington; American Hippies, 2015, etc.), author of *The Alcoholic Republic: An American Tradition* (1979), offers a brief, authoritative overview of the causes, impact, and legacy of the law. Drunkenness was prevalent and problematic beginning in Colonial times... By 1933, the new president stopped enforcement and set in motion repeal of the amendment. A clear, straightforward history of a law that defined a decade...

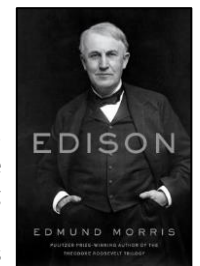


***Edison***

By: Morris, Edmund  
TK140.E3 M685 2019

Review from: [Booklist](#)      September 01, 2019

Morris (Colonel Roosevelt, 2010) takes a risk with his new biography of Thomas Edison he runs the inventor's life backwards like a film in reverse, finding fresh truths in the story of a genius of almost metaphysical proportions. Edison seems to have almost singlehandedly ushered in the modern age, with his breakthroughs in the recording of sound (the phonograph), lighting (the incandescent lightbulb), moviemaking, and electric generation and communications. Morris shows that besides an immense intellect and ability to survive on little sleep, two aspects of the inventor's makeup were key. To Edison, failure was good: he typically regarded every failure as a step towards success, Morris writes.

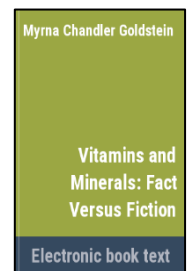


***Vitamins and Minerals: Fact Versus Fiction***

By: Chandler Goldstein, Myrna and Mark A. Goldstein  
QP771 .G65 2018 eBook

Review from: [Library Journal](#)      December 15, 2018

The Goldsteins (*The 50 Healthiest Habits and Lifestyle Changes*; *Healthy Foods*) provide information on everything from boron to zinc. Each entry includes food sources (the authors' preference for obtaining nutrients), supplemental sources, notes on deficiencies and excesses, and "key research findings" ("Vitamin B5 Appears To Help Moisturize the Skin"). Many studies have fewer than 1,000 participants, and the authors report study conclusions without advocating for or against...



***Wartime in America: The World War II Home Front***

By: Jeffries, John W.  
D769 .J44 2018

Review from: [Choice](#)      October 01, 2018

In this volume, Jeffries (UMD Baltimore County) draws on his extensive research on World War II to explain many complexities of life on the American home front. World War II significantly contributed to the creation of the contemporary country, and this book helps readers understand the scope of its influence on that development. Jeffries focuses on the "Greatest Generation" of people who lived through the Great Depression and World War II and on home front experiences in other countries involved in the conflict. The comparative home fronts chapter is especially useful because it establishes context for the American experience and helps readers understand the scope of change (and continuity) that occurred in the US. Jeffries maintains that the book is not a seminal examination of the home front but that it explains important aspects of wartime...



**Ten Drugs: How Plants, Powders, and Pills Have Shaped the History of Medicine**

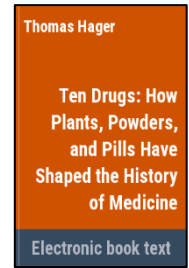
By: Hager, Thomas

RM45 .H34 2019 eBook

Review from: [Kirkus Reviews](#)

February 02, 2019

A history of significant drugs and their evolutions. Despite the title, the book contains 10 isolated chapters recounting the history of a score of important drugs. Readers will not miss the absence of an overarching theme because the stories are skillfully told and entirely entertaining. An award-winning writer on science and medicine, Hager (*The Alchemy of Air: A Jewish Genius, a Doomed Tycoon, and the Scientific Discovery that Fed the World but Fueled the Rise of Hitler*, 2008, etc.) devotes significant space to "the most important drug humans have ever found": opium. "Dried and eaten or smoked," writes the author, "it was early man's strongest, most soothing medicine. Today it is among the most controversial."...



**The Source: How Rivers Made America and America Remade Its Rivers**

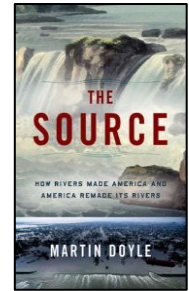
By: Doyle, Martin

E179 .D695 2018

Review from: [Booklist](#)

January 01, 2018

The lyrics of America the Beautiful eminently praise the country's purple mountains and waves of grain but say nothing of its more than three-million miles of flowing rivers. Yet as Duke University environmental science professor Doyle observes in this informative look at the history and management of the nation's waterways, rivers like the Hudson, Mississippi, and Potomac have played indispensable roles not only in creating state boundaries and port cities but also in establishing a thriving federal economy. Covering a broad sweep of American history, Doyle peers back at seminal river-related milestones, such as the Gold Rush launch in 1848 and Hoover Dam's construction during the Depression...



**What School Could Be: Insights and Inspiration from Teachers Across America**

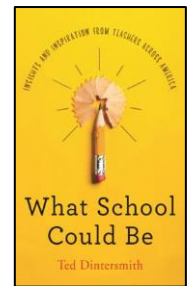
By: Dintersmith, Ted

LB2822.82 .D56 2018 eBook

Review from: [Library Journal](#)

April 01, 2018

Dintersmith (producer of the documentary *Most Likely To Succeed* and coauthor of the book of the same name) took a deep look inside America's classrooms by taking a yearlong trip to every state in the nation to visit schools of all types (public, private, and charter) and meet with concerned parties (teachers, parents, students, and government officials). Dintersmith here shows the creative highs and mind-numbing lows of schooling today, contending that 19th-century education pedagogies cannot accommodate 21st-century needs. He outlines four principles for students to thrive: purpose, essentials, agency, and knowledge (PEAK)...



**Tech Generation: Raising Balanced Kids in a Hyper-Connected World**

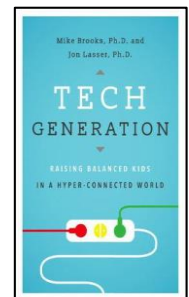
By: Brooks, Mike and Jon Lasser

HQ784.T37 B78 2018

Review from: [Publishers Weekly](#)

May 07, 2018

Educational psychologists Brooks and Lasser have created a serviceable, if less than timely, handbook showing families how to get the best from technology while minimizing its negative effects. Their Tech Happy Life model, with its color-coded levels—green for preventing problems, yellow for addressing emerging concerns, and red for intervening when things get difficult or dangerous—calls for "warm" yet limit-setting and "authoritative" parenting... Brooks and Lasser say, if parents model good behavior by limiting their own screen time, communicate effectively, set appropriate boundaries, and levy consequences, they will help kids learn self-regulation and achieve balance on their own...



**The Rise of Yeast: How the Sugar Fungus Shaped Civilization**

By: Money, Nicholas P.

QR151 .M73 2018 eBook

Review from: [Booklist](#)

December 01, 2017

Yeast is a microscopic form of fungi. Without *Saccharomyces* (the sugar fungus), we would have neither beer nor wine, and our bread would be flat. Various yeasts are also essential in the scientific study of living cells, the production of ethanol for fuel, and the manufacture of prescription drugs and dietary supplements. In this aptly titled book, botany-professor Money (*Mushroom*, 2011; *The Amoeba in the Room*, 2014) states that we would not have developed our modern civilization without yeast. In supporting his claim, the author explains yeast science, adding factual observations, historical notes, and a few personal stories. Aimed at general readers, this compact microhistory's chapters are persuasive essays. Some knowledge of biochemistry and genetics eases reading, but those deeply interested in cooking, human health, and environmental issues will find the book worthwhile. Money's takeaway is that new uses of yeasts may help us meet medical and environmental challenges...

